

CVB ALZV 2026: Session: 1: COACH evaluation sheet for TEAM: DIZV

Coachinfo: Warming up from: 13:00 untill . Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Dom Elize

Coaches: Tratsaert Karl HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 50M FREESTYLE MIXED 10-9							Heat:2, starttime: 14:01	
Heat: 2/3 Lane : 2 Athlete: TYURIN AMINA							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M						
PB		no time						
	no time							
								

Coach feedback:

Event number: 2: 400M MEDLEY WOMEN 11+							Heat:1, starttime: 14:04	
Heat: 1/2 Lane : 2 Athlete: DE BUS ANNA-LENA							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		no time
								

Coach feedback:

Event number: 2: 400M MEDLEY WOMEN 11+							Heat:1, starttime: 14:04	
Heat: 1/2 Lane : 3 Athlete: VANDEROOST ANNA							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		no time
								

Coach feedback:

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Event number: 2: 400M MEDLEY WOMEN 11+							Heat:1, starttime: 14:04	
Heat: 1/2 Lane : 4 Athlete: DIA GUINÉE ANGELINA							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time			SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		no time
								

Coach feedback:

Event number: 2: 400M MEDLEY WOMEN 11+							Heat:1, starttime: 14:04	
Heat: 1/2 Lane : 5 Athlete: CLABAUT ELINA							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time			SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		no time
								

Coach feedback:

Event number: 3: 100M BUTTERFLY MEN 11+					Heat:2, starttime: 14:20				
Heat: 2/5 Lane : 4 Athlete: HAEZEBROUCK THIJS					Q-time: 01:43:98				
PB (25m pool): 01:45.95 Overijse 29/11/2025					PB (50m pool): 01:43.98SB: 01:45.95 Overijse 29/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M					
PB		00:48.10		01:45.95					
	00:48.10		00:57.85						
									

Coach feedback:

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Event number: 3: 100M BUTTERFLY MEN 11+					Heat:4, starttime: 14:25
Heat: 4/5 Lane : 2 Athlete: VERHERSTRAETEN KOBE					Q-time: 01:16:00
PB (25m pool): 01:16.00 Ternat 29/03/2026					PB (50m pool): 01:16.53 SB: 01:16.00 Ternat 29/03/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.16		01:16.00	
	00:34.16		00:41.84		
					

Coach feedback:

Event number: 3: 100M BUTTERFLY MEN 11+					Heat:4, starttime: 14:25
Heat: 4/5 Lane : 4 Athlete: ADAMS HENRY					Q-time: 01:15:35
PB (25m pool): 01:31.51 Sint-Pieters-Leeuw 25/02/2024					PB (50m pool): 01:15.35 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:31.51	
	no time				
					

Coach feedback:

Event number: 4: 400M FREESTYLE MIXED 10-9						Heat:2, starttime: 14:36		
Heat: 2/3 Lane : 3 Athlete: COMMEINE NATHEO						Q-time: 99:99:99		
PB (25m pool): no time						PB (50m pool): no time SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		no time
								

Coach feedback:

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Event number: 4: 400M FREESTYLE MIXED 10-9							Heat:3, starttime: 14:44	
Heat: 3/3 Lane : 1 Athlete: TRATSAERT ROBYNNE							Q-time: 07:22:79	
PB (25m pool): 07:22.79 Meise 02/11/2025			PB (50m pool): no time SB: 07:22.79 Meise 02/11/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:41.65		no time		03:38.15
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		07:22.79
								

Coach feedback:

Event number: 5: 100M BACKSTROKE WOMEN 11+							Heat:3, starttime: 14:59	
Heat: 3/11 Lane : 3 Athlete: DIA GUINÉE ANGELINA							Q-time: 01:41:77	
PB (25m pool): 01:41.77 Ternat 29/03/2026				PB (50m pool): no time SB: 01:41.77 Ternat 29/03/2026				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		00:49.74		01:41.77				
	00:49.74		00:52.03					
								

Coach feedback:

Event number: 5: 100M BACKSTROKE WOMEN 11+							Heat:4, starttime: 15:01	
Heat: 4/11 Lane : 3 Athlete: PROPS KARLIEN							Q-time: 01:39:15	
PB (25m pool): 01:39.15 Ternat 29/03/2026				PB (50m pool): 01:52.81 SB: 01:39.15 Ternat 29/03/2026				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		00:49.43		01:39.15				
	00:49.43		00:49.72					
								

Coach feedback:

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Event number: 5: 100M BACKSTROKE WOMEN 11+					Heat:4, starttime: 15:01
Heat: 4/11 Lane : 4 Athlete: MICHIELS EVELYN					Q-time: 01:39:67
PB (25m pool): 01:39.67 Ternat 29/03/2026					PB (50m pool): no time SB: 01:39.67 Ternat 29/03/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:49.59		01:39.67	
	00:49.59		00:50.08		
					

Coach feedback:

Event number: 5: 100M BACKSTROKE WOMEN 11+					Heat:5, starttime: 15:04
Heat: 5/11 Lane : 2 Athlete: VANDEROOST ANNA					Q-time: 01:34:80
PB (25m pool): 01:34.80 Overijse 29/11/2025					PB (50m pool): no time SB: 01:34.80 Overijse 29/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:47.96		01:34.80	
	00:47.96		00:46.84		
					

Coach feedback:

Event number: 5: 100M BACKSTROKE WOMEN 11+					Heat:7, starttime: 15:09
Heat: 7/11 Lane : 2 Athlete: CLABAUT ELINA					Q-time: 01:26:78
PB (25m pool): 01:26.78 Overijse 29/11/2025					PB (50m pool): 01:27.78 SB: 01:26.78 Overijse 29/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:43.62		01:26.78	
	00:43.62		00:43.16		
					

Coach feedback:

Event number: 5: 100M BACKSTROKE WOMEN 11+					Heat:7, starttime: 15:09
Heat: 7/11 Lane : 5 Athlete: DE BUS ALISSIA					Q-time: 01:27:60
PB (25m pool): 01:27.60 Overijse 29/11/2025					PB (50m pool): no time SB: 01:27.60 Overijse 29/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:42.43		01:27.60	
	00:42.43		00:45.17		
					

Coach feedback:

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Event number: 5: 100M BACKSTROKE WOMEN 11+					Heat:8, starttime: 15:12
Heat: 8/11 Lane : 5 Athlete: DERIJCKE LAURA					Q-time: 01:23:72
PB (25m pool): 01:23.72 Ternat 29/03/2026			PB (50m pool): 01:24.76 SB: 01:23.72 Ternat 29/03/2026		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:41.45		01:23.72	
	00:41.45		00:42.27		
					

Coach feedback:

Event number: 5: 100M BACKSTROKE WOMEN 11+					Heat:9, starttime: 15:14
Heat: 9/11 Lane : 3 Athlete: DE WILDE LORE					Q-time: 01:19:17
PB (25m pool): 01:19.17 Overijse 29/11/2025			PB (50m pool): 01:20.68 SB: 01:19.17 Overijse 29/11/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.26		01:19.17	
	00:38.26		00:40.91		
					

Coach feedback:

Event number: 5: 100M BACKSTROKE WOMEN 11+					Heat:9, starttime: 15:14
Heat: 9/11 Lane : 4 Athlete: DE WILDE MARGOT					Q-time: 01:19:95
PB (25m pool): 01:19.95 Ternat 29/03/2026			PB (50m pool): 01:22.10 SB: 01:19.95 Ternat 29/03/2026		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.25		01:19.95	
	00:39.25		00:40.70		
					

Coach feedback:

Event number: 5: 100M BACKSTROKE WOMEN 11+					Heat:10, starttime: 15:16
Heat: 10/11 Lane : 2 Athlete: MOXHET TESS					Q-time: 01:18:00
PB (25m pool): 01:18.00 Leuven 12/10/2025			PB (50m pool): 01:19.58 SB: 01:18.00 Leuven 12/10/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.41		01:18.00	
	00:38.41		00:39.59		
					

Coach feedback:

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Event number: 5: 100M BACKSTROKE WOMEN 11+					Heat:11, starttime: 15:19
Heat: 11/11 Lane : 3 Athlete: VERHERSTRAETEN LORE					Q-time: 01:11:57
PB (25m pool): 01:11.57 Ternat 29/03/2026					PB (50m pool): 01:13.13 SB: 01:11.57 Ternat 29/03/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.27		01:11.57	
	00:35.27		00:36.30		
					

Coach feedback:

Event number: 6: 50M FREESTYLE MEN 11+					Heat:2, starttime: 15:22
Heat: 2/10 Lane : 2 Athlete: GJERGJI GAVIN					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M			
PB		no time			
	no time				
					

Coach feedback:

Event number: 6: 50M FREESTYLE MEN 11+					Heat:3, starttime: 15:24
Heat: 3/10 Lane : 2 Athlete: DENOLF EMMANUEL					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M			
PB		no time			
	no time				
					

Coach feedback:

Event number: 6: 50M FREESTYLE MEN 11+					Heat:4, starttime: 15:25
Heat: 4/10 Lane : 1 Athlete: TAHIRAJ DUQUESNE LUAN					Q-time: 00:43:35
PB (25m pool): 00:43.35 Overijse 29/11/2025					PB (50m pool): no time SB: 00:43.35 Overijse 29/11/2025
	2 5 M	5 0 M			
PB		00:43.35			
	00:43.35				
					

Coach feedback:

CVB ALZV 2026: Session: 1: COACH evaluation sheet for TEAM: DIZV

Event number: 6: 50M FREESTYLE MEN 11+			Heat:5, starttime: 15:26
Heat: 5/10 Lane : 5 Athlete: HAEZEBROUCK THIJS			Q-time: 00:39:22
PB (25m pool): 00:39.22 Dendermonde 22/11/2025			PB (50m pool): 00:40.02 SB: 00:39.22 Dendermonde 22/11/2025
	2 5 M	5 0 M	
PB		00:39.22	
		00:39.22	
			

Coach feedback:

Event number: 6: 50M FREESTYLE MEN 11+			Heat:6, starttime: 15:27
Heat: 6/10 Lane : 2 Athlete: DIMITROV YOAN			Q-time: 00:34:45
PB (25m pool): 00:34.45 Dendermonde 22/11/2025			PB (50m pool): no time SB: 00:34.45 Dendermonde 22/11/2025
	2 5 M	5 0 M	
PB		00:34.45	
		00:34.45	
			

Coach feedback:

Event number: 6: 50M FREESTYLE MEN 11+			Heat:7, starttime: 15:28
Heat: 7/10 Lane : 3 Athlete: BOSSUYT LIAS			Q-time: 00:32:92
PB (25m pool): 00:32.92 Sint-Pieters-Leeuw 01/03/2026			PB (50m pool): no time SB: 00:32.92 Sint-Pieters-Leeuw 01/03/2026
	2 5 M	5 0 M	
PB		00:32.92	
		00:32.92	
			

Coach feedback:

Event number: 6: 50M FREESTYLE MEN 11+			Heat:10, starttime: 15:31
Heat: 10/10 Lane : 5 Athlete: VERHERSTRAETEN KOBE			Q-time: 00:27:30
PB (25m pool): 00:27.30 Leuven 12/10/2025			PB (50m pool): 00:27.98 SB: 00:27.30 Leuven 12/10/2025
	2 5 M	5 0 M	
PB		00:27.30	
		00:27.30	
			

Coach feedback:

CVB ALZV 2026: Session: 1: COACH evaluation sheet for TEAM: DIZV

Event number: 8: 200M FREESTYLE WOMEN 11+							Heat:3, starttime: 16:01	
Heat: 3/7 Lane : 1 Athlete: MICHIELS EVELYN							Q-time: 03:14:43	
PB (25m pool): 03:14.43 Tienen 26/10/2025				PB (50m pool): no time SB: 03:14.43 Tienen 26/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:43.27		01:33.56		no time		03:14.43
	00:43.27		00:50.29					
								

Coach feedback:

Event number: 8: 200M FREESTYLE WOMEN 11+							Heat:3, starttime: 16:01	
Heat: 3/7 Lane : 2 Athlete: PROPS KARLIEN							Q-time: 03:07:51	
PB (25m pool): 03:07.51 Tienen 26/10/2025			PB (50m pool): no time SB: 03:07.51 Tienen 26/10/2025					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:42.44		01:31.69		no time		03:07.51
	00:42.44		00:49.25					
								

Coach feedback:

Event number: 9: 200M FREESTYLE MEN 11+							Heat:1, starttime: 16:18	
Heat: 1/6 Lane : 2 Athlete: ADAMS HENRY							Q-time: 99:99:99	
PB (25m pool): 02:34.65 Dilbeek 12/05/2024				PB (50m pool): 02:41.30SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		02:34.65
	no time							
								

Coach feedback:

Event number: 9: 200M FREESTYLE MEN 11+							Heat:2, starttime: 16:22	
Heat: 2/6 Lane : 5 Athlete: GJERGJI GAVIN							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

CVB ALZV 2026: Session: 1: COACH evaluation sheet for TEAM: DIZV

Event number: 9: 200M FREESTYLE MEN 11+							Heat:3, starttime: 16:26	
Heat: 3/6 Lane : 1 Athlete: DENOLF EMMANUEL							Q-time: 99:99:99	
PB (25m pool): no time				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 9: 200M FREESTYLE MEN 11+							Heat:3, starttime: 16:26	
Heat: 3/6 Lane : 4 Athlete: TAHIRAJ DUQUESNE LUAN							Q-time: 03:26:95	
PB (25m pool): 03:26.95 Dilbeek 10/05/2026				PB (50m pool): no time SB: 03:26.95 Dilbeek 10/05/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:47.11		01:40.45		no time		03:26.95
	00:47.11			00:53.34				
								

Coach feedback:

Event number: 10: 100M BUTTERFLY MIXED 10-9							Heat:1, starttime: 16:41	
Heat: 1/1 Lane : 3 Athlete: TYURIN AMINA							Q-time: 99:99:99	
PB (25m pool): no time				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		no time		no time				
	no time							
								

Coach feedback:

Event number: 11: 50M FREESTYLE WOMEN 11+							Heat:2, starttime: 16:45	
Heat: 2/10 Lane : 2 Athlete: DIA GUINÉE ANGELINA							Q-time: 00:41:41	
PB (25m pool): 00:41.41 Kapelle-op-den-Bos 21/04/2025							PB (50m pool): no time SB: no time	
PB	2 5 M		5 0 M					
			00:41.41					
			00:41.41					
								

Coach feedback:

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Event number: 11: 50M FREESTYLE WOMEN 11+			Heat:3, starttime: 16:46
Heat: 3/10 Lane : 1 Athlete: MICHIELS EVELYN			Q-time: 00:40:32
PB (25m pool): 00:40.32 Dilbeek 28/09/2025			PB (50m pool): no time SB: 00:40.32 Dilbeek 28/09/2025
	2 5 M	5 0 M	
PB		00:40.32	
		00:40.32	
			

Coach feedback:

Event number: 11: 50M FREESTYLE WOMEN 11+			Heat:3, starttime: 16:46
Heat: 3/10 Lane : 4 Athlete: PROPS KARLIEN			Q-time: 00:39:04
PB (25m pool): 00:39.04 Dilbeek 28/09/2025			PB (50m pool): no time SB: 00:39.04 Dilbeek 28/09/2025
	2 5 M	5 0 M	
PB		00:39.04	
		00:39.04	
			

Coach feedback:

Event number: 11: 50M FREESTYLE WOMEN 11+			Heat:5, starttime: 16:48
Heat: 5/10 Lane : 1 Athlete: VANDEROOST ANNA			Q-time: 00:36:32
PB (25m pool): 00:36.32 Dendermonde 22/11/2025			PB (50m pool): no time SB: 00:36.32 Dendermonde 22/11/2025
	2 5 M	5 0 M	
PB		00:36.32	
		00:36.32	
			

Coach feedback:

Event number: 11: 50M FREESTYLE WOMEN 11+			Heat:5, starttime: 16:48
Heat: 5/10 Lane : 3 Athlete: CLABAUT ELINA			Q-time: 00:34:90
PB (25m pool): 00:34.90 Leuven 12/10/2025			PB (50m pool): no time SB: 00:34.90 Leuven 12/10/2025
	2 5 M	5 0 M	
PB		00:34.90	
		00:34.90	
			

Coach feedback:

CVB ALZV 2026: Session: 1: COACH evaluation sheet for TEAM: DIZV

Event number: 11: 50M FREESTYLE WOMEN 11+			Heat:5, starttime: 16:48
Heat: 5/10 Lane : 4 Athlete: DE BUS ANNA-LENA			Q-time: 00:35:09
PB (25m pool): 00:34.59 Dilbeek 29/09/2024			PB (50m pool): 00:37.79 SB: 00:35.09 Dilbeek 28/09/2025
	2 5 M	5 0 M	
PB		00:34.59	
		00:34.59	
			

Coach feedback:

Event number: 11: 50M FREESTYLE WOMEN 11+			Heat:6, starttime: 16:49
Heat: 6/10 Lane : 2 Athlete: DE BUS ALISSIA			Q-time: 00:34:05
PB (25m pool): 00:34.05 Dilbeek 28/09/2025			PB (50m pool): 00:37.34 SB: 00:34.05 Dilbeek 28/09/2025
	2 5 M	5 0 M	
PB		00:34.05	
		00:34.05	
			

Coach feedback:

Event number: 11: 50M FREESTYLE WOMEN 11+			Heat:7, starttime: 16:50
Heat: 7/10 Lane : 2 Athlete: MOXHET TESS			Q-time: 00:33:38
PB (25m pool): 00:34.17 Dendermonde 22/11/2025			PB (50m pool): 00:33.38 SB: 00:34.17 Dendermonde 22/11/2025
	2 5 M	5 0 M	
PB		00:34.17	
		00:34.17	
			

Coach feedback:

Event number: 11: 50M FREESTYLE WOMEN 11+			Heat:8, starttime: 16:51
Heat: 8/10 Lane : 5 Athlete: DE WILDE MARGOT			Q-time: 00:32:54
PB (25m pool): 00:32.54 Dendermonde 22/11/2025			PB (50m pool): 00:32.95 SB: 00:32.54 Dendermonde 22/11/2025
	2 5 M	5 0 M	
PB		00:32.54	
		00:32.54	
			

Coach feedback:

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Event number: 11: 50M FREESTYLE WOMEN 11+				Heat:9, starttime: 16:52
Heat: 9/10 Lane : 4 Athlete: DERIJCKE LAURA				Q-time: 00:31:20
PB (25m pool): 00:31.84 Overijse 30/11/2024				PB (50m pool): 00:31.20 SB: 00:32.31 Dilbeek 28/09/2025
	2 5 M	5 0 M		
PB		00:31.84		
	00:31.84			
				

Coach feedback:

Event number: 11: 50M FREESTYLE WOMEN 11+				Heat:9, starttime: 16:52
Heat: 9/10 Lane : 5 Athlete: DE WILDE LORE				Q-time: 00:31:76
PB (25m pool): 00:31.76 Dilbeek 11/05/2025				PB (50m pool): 00:32.04 SB: 00:32.33 Sint-Pieters-Leeuw 01/03/2026
	2 5 M	5 0 M		
PB		00:31.76		
	00:31.76			
				

Coach feedback:

Event number: 11: 50M FREESTYLE WOMEN 11+				Heat:10, starttime: 16:53
Heat: 10/10 Lane : 3 Athlete: VERHERSTRAETEN LORE				Q-time: 00:28:55
PB (25m pool): 00:28.55 Leuven 12/10/2025				PB (50m pool): 00:28.86 SB: 00:28.55 Leuven 12/10/2025
	2 5 M	5 0 M		
PB		00:28.55		
	00:28.55			
				

Coach feedback:

Event number: 12: 100M BACKSTROKE MEN 11+					Heat:2, starttime: 16:58
Heat: 2/8 Lane : 1 Athlete: DENOLF EMMANUEL					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

CVB ALZV 2026: Session: 1: COACH evaluation sheet for TEAM: DIZV

Event number: 12: 100M BACKSTROKE MEN 11+					Heat:3, starttime: 17:01
Heat: 3/8 Lane : 3 Athlete: GJERGJI GAVIN					Q-time: 01:38:86
PB (25m pool): 01:38.86 Ternat 29/03/2026					PB (50m pool): no time SB: 01:38.86 Ternat 29/03/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:48.20		01:38.86	
	00:48.20		00:50.66		
					

Coach feedback:

Event number: 12: 100M BACKSTROKE MEN 11+					Heat:4, starttime: 17:04
Heat: 4/8 Lane : 5 Athlete: TAHIRAJ DUQUESNE LUAN					Q-time: 01:37:50
PB (25m pool): 01:37.50 Ternat 29/03/2026					PB (50m pool): no time SB: 01:37.50 Ternat 29/03/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:46.74		01:37.50	
	00:46.74		00:50.76		
					

Coach feedback:

Event number: 12: 100M BACKSTROKE MEN 11+					Heat:5, starttime: 17:06
Heat: 5/8 Lane : 1 Athlete: HAEZEBROUCK THIJS					Q-time: 01:34:85
PB (25m pool): 01:34.85 Ternat 29/03/2026					PB (50m pool): 01:38.40 SB: 01:34.85 Ternat 29/03/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:46.18		01:34.85	
	00:46.18		00:48.67		
					

Coach feedback:

Event number: 12: 100M BACKSTROKE MEN 11+					Heat:5, starttime: 17:06
Heat: 5/8 Lane : 3 Athlete: DIMITROV YOAN					Q-time: 01:31:44
PB (25m pool): 01:31.44 Overijse 29/11/2025					PB (50m pool): 01:45.08 SB: 01:31.44 Overijse 29/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:44.66		01:31.44	
	00:44.66		00:46.78		
					

Coach feedback:

CVB ALZV 2026: Session: 1: COACH evaluation sheet for TEAM: DIZV

Event number: 12: 100M BACKSTROKE MEN 11+					Heat:7, starttime: 17:11
Heat: 7/8 Lane : 2 Athlete: ADAMS HENRY					Q-time: 01:19:70
PB (25m pool): 01:23.49 Dilbeek 12/05/2024					PB (50m pool): 01:19.70 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:23.49	
	no time				
					

Coach feedback:

Event number: 12: 100M BACKSTROKE MEN 11+					Heat:8, starttime: 17:14
Heat: 8/8 Lane : 1 Athlete: VERHERSTRAETEN KOBE					Q-time: 01:12:07
PB (25m pool): 01:12.07 Ternat 29/03/2026					PB (50m pool): 01:15.72 SB: 01:12.07 Ternat 29/03/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:12.07	
	no time				
					

Coach feedback:

Event number: 13: 100M BUTTERFLY WOMEN 11+					Heat:3, starttime: 17:20
Heat: 3/5 Lane : 3 Athlete: DE WILDE MARGOT					Q-time: 01:25:17
PB (25m pool): 01:25.17 Ternat 29/03/2026					PB (50m pool): 01:25.31 SB: 01:25.17 Ternat 29/03/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.06		01:25.17	
	00:39.06 00:46.11				
					

Coach feedback:

Event number: 13: 100M BUTTERFLY WOMEN 11+					Heat:3, starttime: 17:20
Heat: 3/5 Lane : 5 Athlete: MOXHET TESS					Q-time: 01:28:62
PB (25m pool): 01:29.42 Overijse 29/11/2025					PB (50m pool): 01:28.62 SB: 01:29.42 Overijse 29/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:41.65		01:29.42	
	00:41.65 00:47.77				
					

Coach feedback:

CVB ALZV 2026: Session: 1: COACH evaluation sheet for TEAM: DIZV

Event number: 13: 100M BUTTERFLY WOMEN 11+					Heat:4, starttime: 17:22
Heat: 4/5 Lane : 3 Athlete: DERIJCKE LAURA					Q-time: 01:21:36
PB (25m pool): 01:21.36 Ternat 29/03/2026			PB (50m pool): 01:26.20 SB: 01:21.36 Ternat 29/03/2026		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.31		01:21.36	
	00:37.31		00:44.05		
					

Coach feedback:

Event number: 13: 100M BUTTERFLY WOMEN 11+					Heat:4, starttime: 17:22
Heat: 4/5 Lane : 5 Athlete: DE WILDE LORE					Q-time: 01:24:68
PB (25m pool): 01:24.69 Ternat 29/03/2026			PB (50m pool): 01:24.68 SB: 01:24.69 Ternat 29/03/2026		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.70		01:24.69	
	00:38.70		00:45.99		
					

Coach feedback:

Event number: 13: 100M BUTTERFLY WOMEN 11+					Heat:5, starttime: 17:24
Heat: 5/5 Lane : 4 Athlete: VERHERSTRAETEN LORE					Q-time: 01:13:18
PB (25m pool): 01:13.18 Ternat 29/03/2026			PB (50m pool): 01:14.03 SB: 01:13.18 Ternat 29/03/2026		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.28		01:13.18	
	00:33.28		00:39.90		
					

Coach feedback:

Event number: 14: 400M MEDLEY MEN 11+							Heat:1, starttime: 17:27	
Heat: 1/2 Lane : 3 Athlete: DIMITROV YOAN							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		no time
								

CVB ALZV 2026: Session: 1: COACH evaluation sheet for TEAM: DIZV

Event number: 14: 400M MEDLEY MEN 11+							Heat:1, starttime: 17:27	
Heat: 1/2 Lane : 4 Athlete: BOSSUYT LIAS							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		no time
								

Coach feedback: